

## North Sound Behavioral Health Administrative Services Organization

# **Board of Directors**

**Meeting Agenda** 

February 8th, 2024

**Board of Directors Members Present in Person:** 

**Members Present via MS Teams:** 

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

## **Guests Present:**

- 1. Call to Order and Introductions Chair
- Tribal Acknowledgement Chair
   Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)
- 3. Revisions to the Agenda Chair
- **4.** Approval of the January 11th, 2024, Minutes, Motion #24-05 Chair....... Attachment
- 5. Comments & Announcements from the Chair
- 6. Reports from Members
- 7. Comments from the Public
- 8. Report from the Advisory Board (Available at Meeting) ...................... Attachment
- 9. Report from the Finance Officer (Available at Meeting) ....... Attachment
- 10. Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda (Available at Meeting) ......Attachment

## Motion #24-06

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from January 1, 2024 through January 31, 2024 in the amount of \$.
- Payroll for the month of January in the amount of \$\\$ and associated employer benefits in the amount of \$\\$.

## 11. Action Items

# For Board Approval

## Community Behavioral Health Rental Assistance - Proviso 86 Program Enhancement Funding

- The Proviso 86 funding was a competitive process with Health Care Authority (HCA) to provide funding for individuals involved in the criminal justice system who need behavioral health services and/or housing. The North Sound BH-ASO will receive \$739,000 annually for this project.
- HCA requested the ASO provide a match for the Proviso 86 funding, there was no indication
  of the level of match, we provided 33%, consistent with federal match requirements. Due to
  the funding requests coming in above the \$739,000 we used the match to increase two of
  the providers for equity in the allocations.
- The amendments below are allocating the funds to our Community Behavioral Health Rental Assistance Programs.
  - o The allocations are as follows:
    - Snohomish County-Bridgeways \$161,000
    - Snohomish County-Compass Health-\$150,000
    - Island, Snohomish, Skagit & Whatcom County-Pioneer Human Services-\$61,000
       + North Sound BH-ASO General Funds-State 33% match of \$121,935
    - Whatcom & Skagit County-Lifeline Connections-\$61,000 + North Sound BH-ASO General Funds-State 33% match of \$121,935
    - Whatcom County-Lake Whatcom Center-\$150,000
    - Whatcom County-Opportunity Council-\$156,000

#### Motion #24-07

■ NS BH-ASO-Bridgeways-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Snohomish County. The contract term is July 1, 2023,

- through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Snohomish County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Island, Skagit, Snohomish, and Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic oneyear renewal on July 1, 2024, based on continued compliance with the terms of the contract.

#### 12. Introduction Items

## **Didgwalic Wellness Center**

Didgwalic Wellness Center was the successful bidder for the expansion of Medication Assisted Treatment (MAT) in Skagit County, specifically east county. This service will be available to all individuals regardless of their ability to pay. Didgwalic will bill Medicaid, Indican Health providers and private insurance.

Motion# (next month)

## City of Mount Vernon Co-Responder Program

We will be providing an additional \$40,000 in funding, \$20,000 is a carryover from their previous contract cycle and \$20,000 in ongoing costs for an increase in wages for this contract period. Motion# (next month)

13. DRAFT Report from the Executive Director ....... Attachment

## 14. Adjourn

Next Meeting: March 14th, 2024

## North Sound Behavioral Health Administrative Services Organization

# **Board of Directors**

**Meeting Minutes** 

January 11th, 2024

# **Board of Directors Members Present** in Person:

- Barry Buchanan, County Council; Whatcom County
- Peter Browning, Commissioner; Skagit
   County, North Sound BH-ASO Board Chair
- o **Jill Johnson**, Commissioner, Island County
- Cammy Hart-Anderson, Human Services, Designated Alternate for Dave Somers, County Executive; Snohomish County
- George Kosovich, Public Health, Designated Alternate for Peter Browning, Commissioner; Skagit County

#### **Members Present via MS Teams:**

- Cynthia Foley, Sr. Legislative Analyst, Designated Alternate for Strom Peterson, County Council; Snohomish County
- Nicole Gorle, Legislative Analyst, Designated Alternate for Nate Nehring, County Council; Snohomish County
- Jami Mitchell, Human Services Manager, Designated Alternate for Jane Fuller, County Council; Snohomish County
- Darcy Cheesman, Legislative Aid, Designated Alternate for Sam Low, County Council; Snohomish County
- Perry Mowery, Behavioral Health Supervisor, Designated Alternate to Satpal Sidhu, County Executive; Whatcom County
- Pat O'Maley Lanphear, 2023 Advisory Board Chair
- Kara Allen, 2024 Advisory Board Chair

# North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- JanRose Ottaway-Martin, Executive Director
- Margaret Rojas, Assistant Executive Director
- Darrell Heiner, Senior Accountant
- Kimberly Nakatani, Accountant
- Maria Arreola, Senior Admin Assistant
- Joanie Wenzl, Administrative Manager, Clerk of the Board

#### **Guests Present:**

None

#### Call to Order and Introductions - Chair

The chair called the meeting to order and asked the board members to introduce themselves.

## Tribal Acknowledgement - Chair

Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)

The Chair read the Tribal Acknowledgement.

## **Revisions to the Agenda** – Chair

There were no revisions to the agenda.

## Approval of the December 14th, 2023, Minutes, Motion #24-01 Chair: Attachment

Cammy Hart-Anderson moved the motion for approval, Peter Browning seconded, all in favor, none opposed, no abstentions, motion #24-01 carried.

#### **Comments & Announcements from the Chair**

The Chair (Barry Buchanan) said a Board Retreat was discussed during the Governance and Operations Meeting. He noted that it would be for the Board Members and County Coordinators. There will be more information to come, he added.

## **Reports from Members**

Members gave updates from their respective counties regarding current behavioral health happenings.

#### **Comments from the Public**

There were no comments from the public.

## Report from the Advisory Board

Pat O'Maley Lanphear introduced Kara Allen, the new Advisory Board Chair for 2024.

Kara gave the report from the Advisory Board that met on January 2<sup>nd</sup>.

The topics included:

- o Advisory Board Legislative Forum
- o ASO Contracts Presentation
- o AB Legislative Involvement
- o ASO Executive Director's Report
- Expenditures

The Board Chair welcomed the new Advisory Board Chair. There was discussion about the open seats on the Advisory Board. Kara will forward information to JanRose regarding the details on the openings for each county.

## **Report from the Finance Officer**

Margaret gave the Report from the Finance Officer. Questions and answers followed.

## **Report from the Governance Operations Committee**

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#### Motion #24-02

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from December 1, 2023, through December 31, 2023, in the amount of \$2,586,277.49.
- Payroll for the month of December in the amount of \$185,483.10 and associated employer benefits in the amount of \$89,438.72.

Peter Browning moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, none opposed, no abstentions, motion #24-02 carried.

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#### **Action Items**

# For Board Approval

## **Recovery Navigator Program (RNP)**

North Sound holds a large reserve of RNP funds. We have reached out to our RNP providers to inquire whether they can use one-time funding for the programs. We have received requests from all five programs and are amending the contracts to add the six-month allocations of their requests. These funds will be renewed until the reserve is depleted.

The funding will be renewed every 6 months until it is spent down, to date we have approximately \$3,000,000 in reserves. The providers have requested a total of \$2,915,000.00.

- o Island County 6-month allocation \$92,500.00
- o San Juan County (Compass Health) 6-month allocation \$125,000.00
- o Skagit County (Community Action of Skagit County) 6-month allocation \$55,000.00
- o Snohomish County 6-month allocation \$93,500.00
- o Whatcom County 6-month allocation \$154,000.00

#### Motion #24-03

- North Sound BH-ASO-Island County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Compass Health-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Whatcom County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Snohomish County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, none opposed, no abstentions, motion #24-03 carried.

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#### Personnel

At the December Board of Directors meeting a 4% COLA was approved for employees as part of the annual administrative budget. The Executive Director position serves at the will of the Board which requires a separate motion to approve the 4% COLA for the position.

#### Motion #24-04

 Approve a 4% COLA for the Executive Director position with an effective date of January 1, 2024.

Cammy Hart-Anderson moved the motion for approval, Jill Johnson seconded, all in favor, no abstentions, motion #24-04 carried.

It was requested that the ASO research as to why the Executive Director's COLA is a separate motion from the rest of the ASO Staffs' COLA.

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## Motion# (next month)

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## **Report from the Executive Director**

JanRose Ottaway-Martin gave the report from the Executive Director which included the following topics:

- Weekly Crisis Metrics Report
- o Skagit County Prosecuting Attorney's Office

Adjourn 2:15 p.m.

Next Meeting: February 8th, 2024

Director's Report February 2, 2024

## **Weekly Crisis Metrics Report:**

See attached.

## **Skagit County PAO:**

Health Care Authority (HCA) legal team, North Sound ASO, Skagit County Prosecuting Attorney's Office and a representative of Skagit County (Peter Browning) will be meeting virtually on February 7, 2024.

## **Managed Care Organization (MCO) Contract Negotiations:**

North Sound BHASO is currently meeting with all 5 MCOs to negotiate our 2024 contracts. We are establishing updated PMPM's, attempting to add new CPT codes for new bodies or work, and discussing the reconciliation process with all 5 MCOs.

## **Crisis Stabilization Services – Delegation:**

HCA, MCOs, and BHASOs are discussing the delegation of Crisis Stabilization Services including some of the new programs being developed under the 988 initiatives. The original plan was that MCOs and BHASOs would both contract with providers for this body of work, but given the standards and expectations associated with these enhanced teams, and the desire that the BHASOs would provide oversight of these programs meeting their programmatic requirements. North Sound supports this delegation both for programmatic reasons and to simplify administrative burden for the agencies. We are hopeful that a determination will be made soon.

## **Behavioral Health Department of Commerce applications:**

Department of Commerce requires applicants who are seeking behavioral health-focused grants to seek a letter of endorsement from North Sound ASO if they are seeking to create a new program in the North Sound region. Our team has started meeting with applicants when we get the request to understand the programs they are hoping to get started as well as understand if that program is bridging a gap in the community.

## Lynnwood Jail and 23 Hour Crisis Facility:

We met with Recovery International this week to get an update on their facility in Lynnwood. They have indicated that their construction should be finished around April and they are beginning to work on start-up purchases such as furnishing. The legislature had sent funds to help support those efforts to North Sound ASO so we are working with the establish billing protocol. The facility is not yet licensed and likely cannot be until the construction is complete. It is unclear how much current delays at Department of Health could delay their opening.

Director's Report February 2, 2024

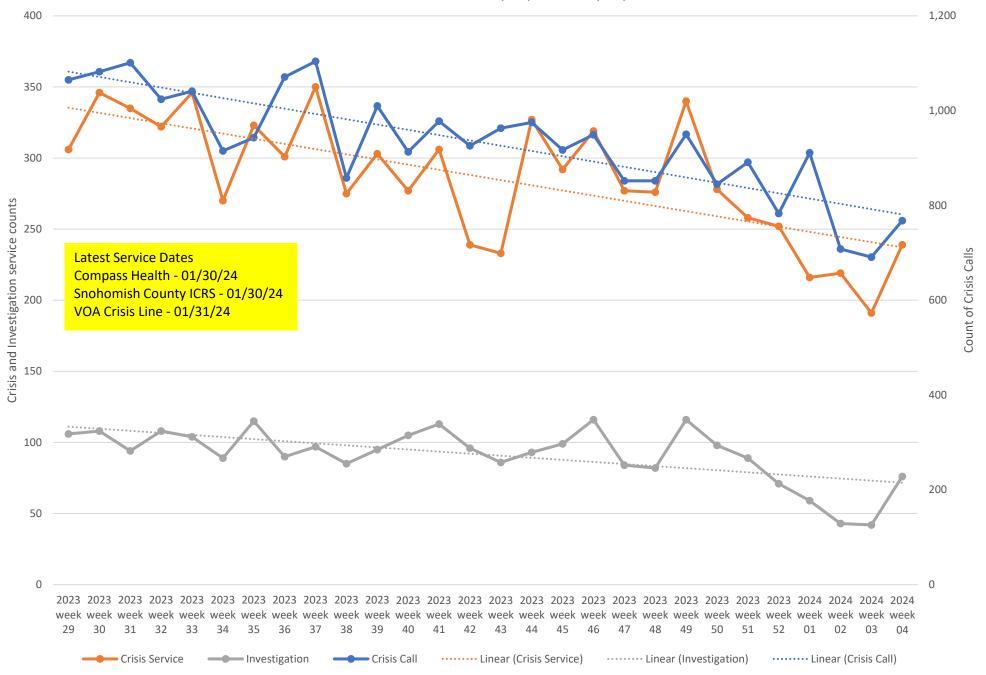
## **Olympic Heritage**

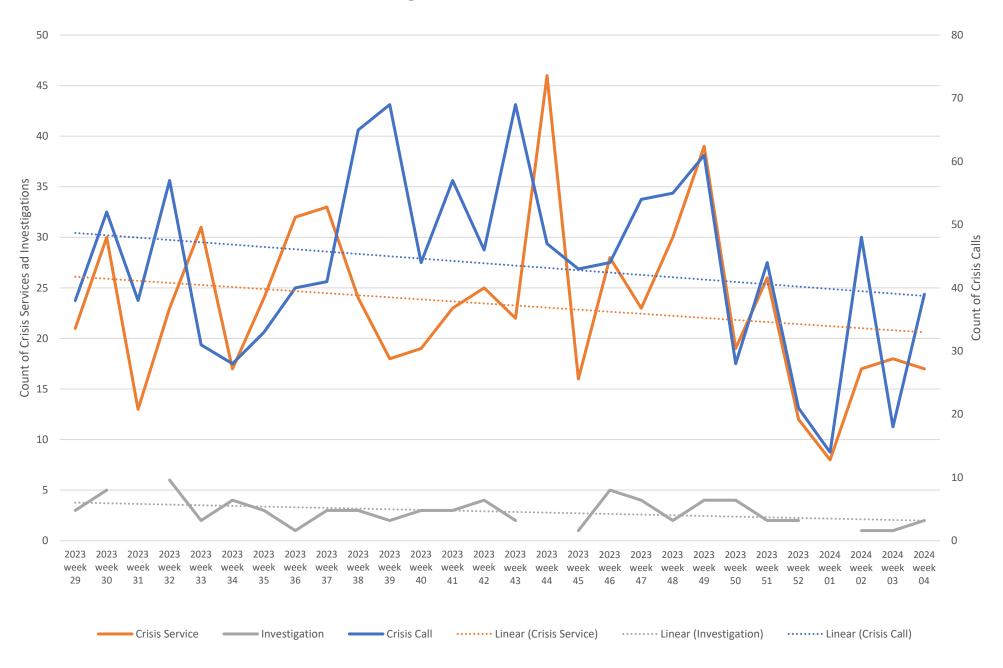
The new facility in King County, Olympic Heritage has experienced several complications during their opening including a lack of coordination with the King County Prosecuting Attorney's Office. Given that the court system is not ready to fully meet the requirements of this facility, the clients who have been discharged to this lower level of care out of Western State Hospital are being transferred back to Western State Hospital any time they need a courtroom proceeding. North Sound ASO has been working with the state and other ASOs to understand overall clinical impact as well as individual impact to the clients. It is unclear when the issues will be fully remedied.

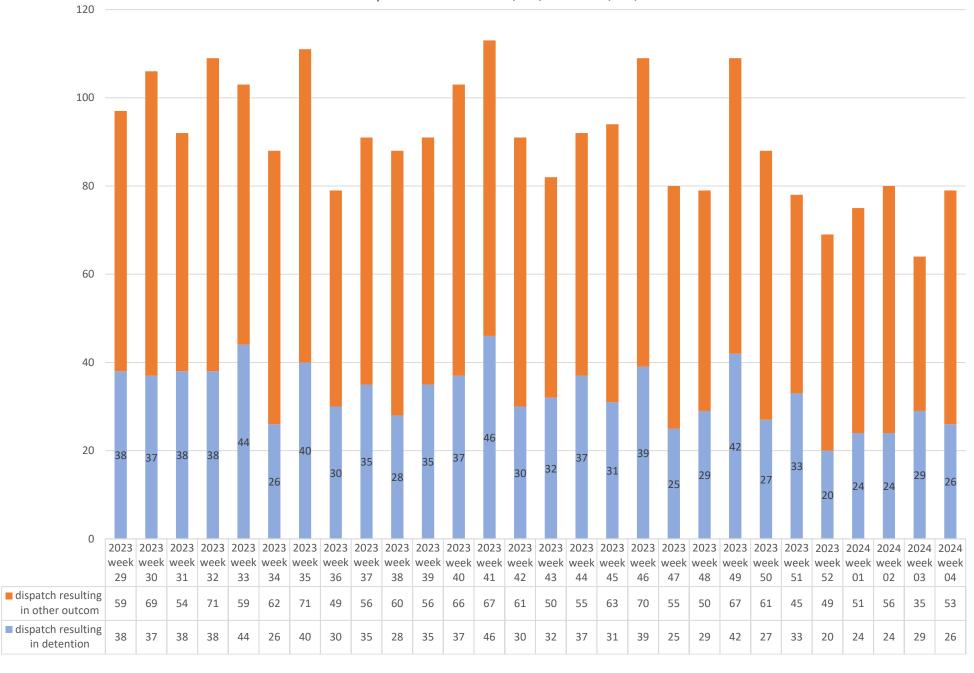


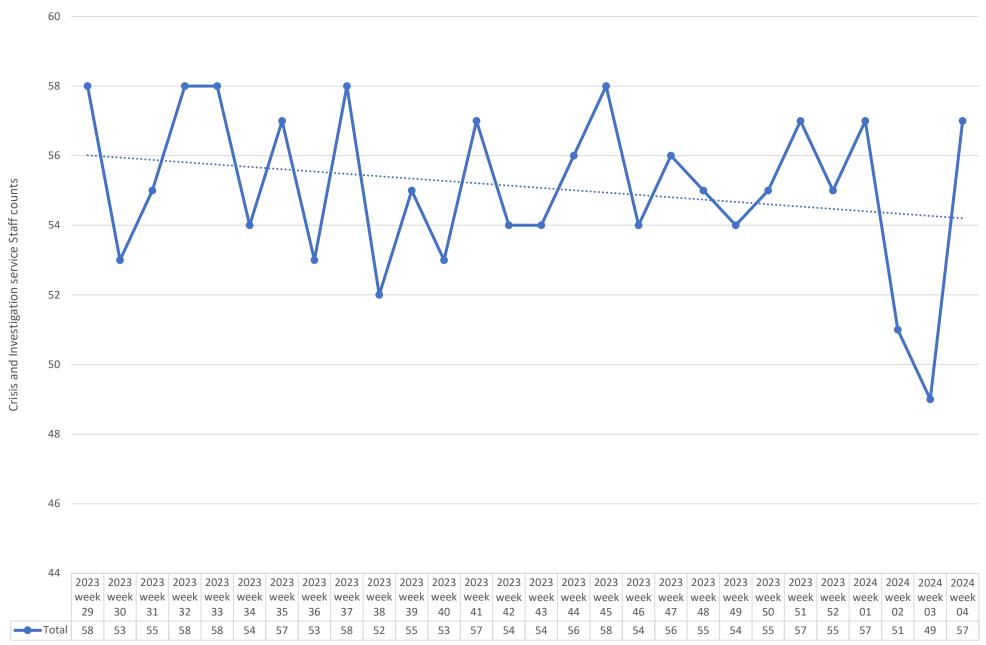
# Weekly Crisis Capacity Indicator Snapshot

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Crisis Data - dates 07/16/23 to 01/27/24
Crisis Data: Ages 0-17 - dates 07/16/23 to 01/27/24
All DCR Dispatches - dates 07/16/23 to 01/27/24
Weekly Staff Count - Staff providing Crisis or Investigaion services 07/16/23 to 01/27/24
Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Telehealth only, crisis and investigation services from 07/16/23 to 01/27/24
Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Place of Service -Crisis Services, percent of total by week
Place of Service -Investigations, percent of total by week
Total Hospitalized Adults - COVID-19 (confirmed or supected) 7 day average
North Sound BH ASO Walkaway Chart 07/16/23 to 01/27/24



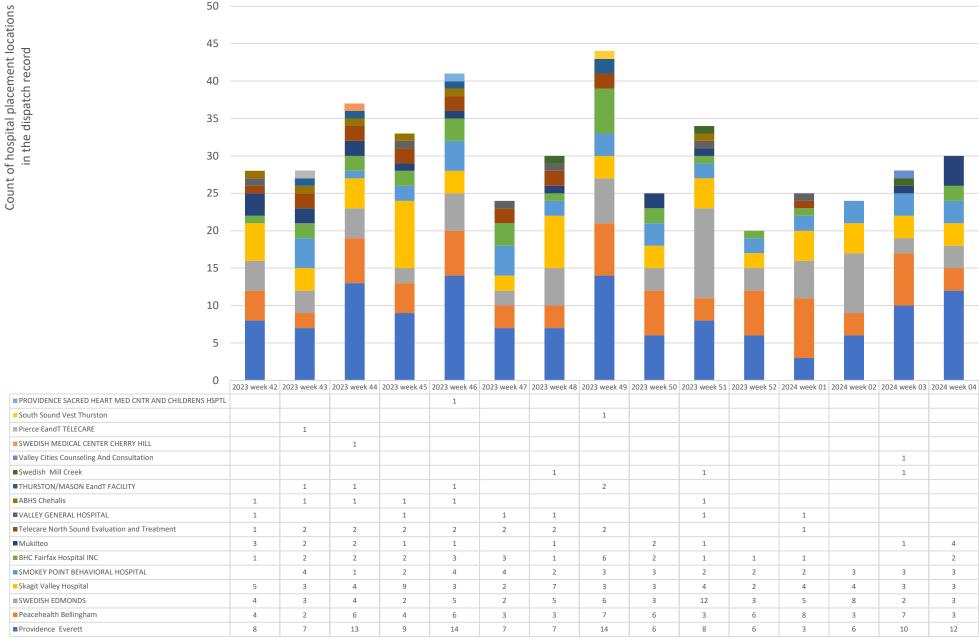


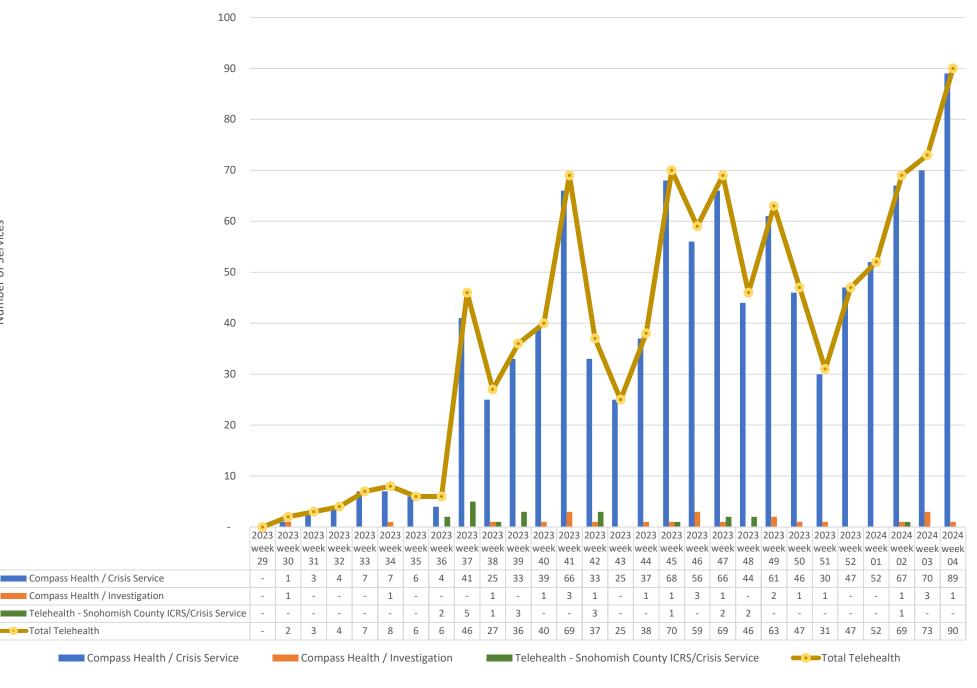


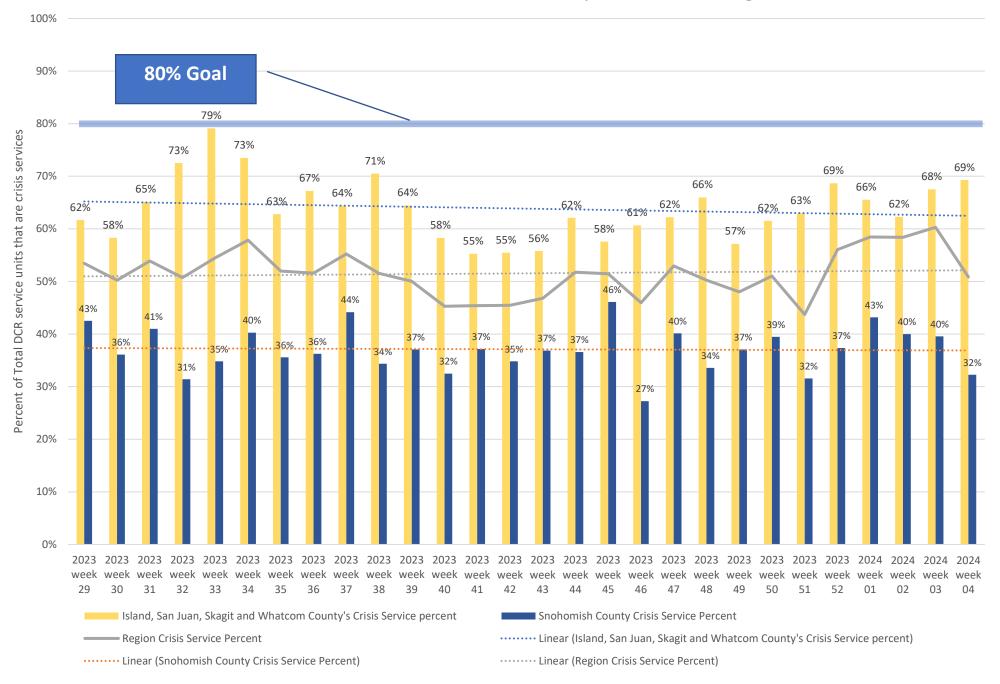


2024 week 04 ending 01/00/00

# Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low



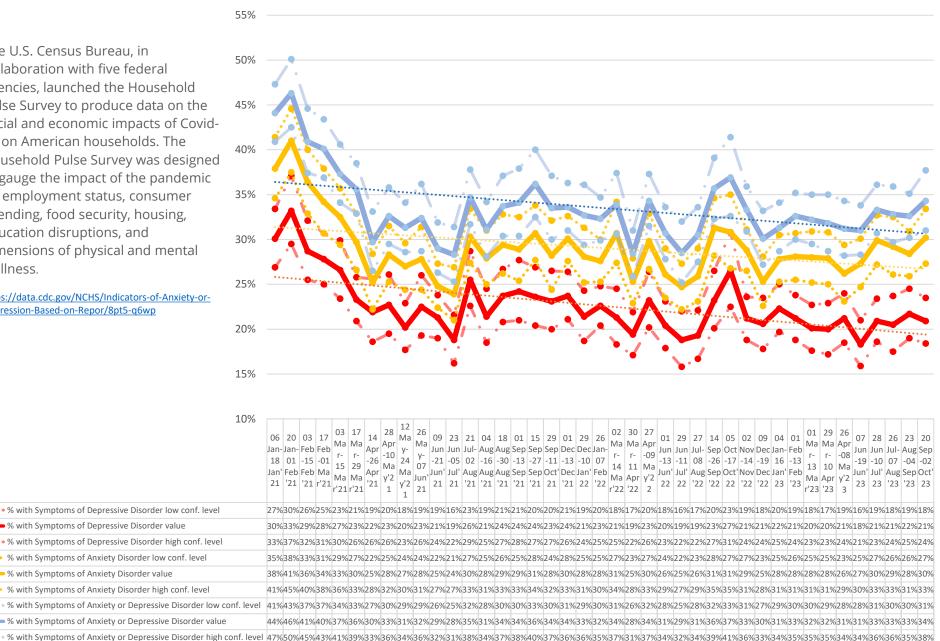




# Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

The U.S. Census Bureau, in collaboration with five federal agencies, launched the Household Pulse Survey to produce data on the social and economic impacts of Covid-19 on American households. The Household Pulse Survey was designed to gauge the impact of the pandemic on employment status, consumer spending, food security, housing, education disruptions, and dimensions of physical and mental wellness.

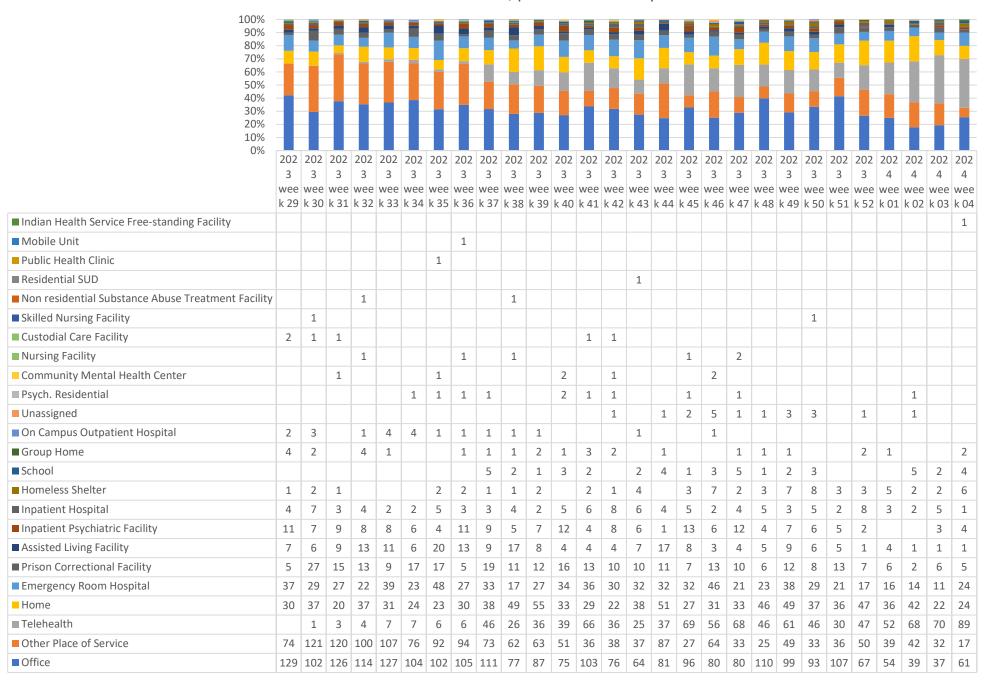
https://data.cdc.gov/NCHS/Indicators-of-Anxiety-or-Depression-Based-on-Repor/8pt5-q6wp



% with Symptoms of Depressive Disorder value

% with Symptoms of Anxiety Disorder low conf. level % with Symptoms of Anxiety Disorder value • • • • • % with Symptoms of Anxiety Disorder high conf. level

## Place of Service - Crisis Services, percent of total by week



# Place of Service -Investigations, percent of total by week

